

WE ARE IN CHRIST AND CHRIST IS IN US

(Please refer to No 225, "Pastors' Notes")

(July 1998 – EKB – revised 9/4/2001)

These are two truths of God's Word.

- "IN CHRIST":** *Eph 1:1* - "the saints.....and faithful in Christ Jesus"
(position, *Eph 1:3* - "blessed with every spiritual blessing.....**in Christ**"
inheritance, *Eph 1:4* - "He chose us **in Him** before the foundation....."
and identity) *Eph 1:6* - "accepted in the **Beloved**" (NKJ)
Eph 1:7 - "**In Him** we have redemption..... the forgiveness of sins....."
Eph 1:10 - "that He might gather together in one all things **in Christ**"
Eph 1:11 - "**In whom** also we have obtained an inheritance"
Eph 1:13 - "**in whom (Him)**.....you were sealed with the Holy Spirit....."
Eph 2:6 - "raised up.....and made us sit together in the heavenly places
in Christ"
Eph 2:10 - "we are His workmanship created **in Christ Jesus** for good
works....."
Eph 2:13 - "**in Christ Jesus** you...have been brought near by the Blood..."
Eph 2:22 - "**in Whom (Him)** you are being built together for a dwelling
place for God....."
- "CHRIST IN US":** *Col 1:27* - "**Christ in you** the hope of glory"
(life) *Gal 2:20* - "it is no longer I who live, but **Christ lives in me**"
2Cor 13:5 - "do you not know.....that **Christ is in you**?"
Jn 17:23 - "**I in them** and You in me...."
Jn 15:4 - "Abide in Me and **I in you**"
Jn 14:20 - "I am in My Father, and you in Me, and **I in you**"

Christ lives in us through the indwelling Person of the Holy Spirit, *Jn 14:17* "and will be in you."

When the Word of God talks about our being "**IN CHRIST**" it is talking about our **position**, our **inheritance** and our identity. This is what Christ has done **for us** in: forgiveness, redemption, *Eph 1:7*, baptism, *Gal 3:27*, oneness, *Gal 3:28*, authority, *Eph 2:6*, nearness to God, *Eph 2:13*, reconciliation, *Eph 2:15,16*, completeness/fulness, *Col 2:9,10*, circumcision, *Col 2:11*, being chosen, *Eph 1:4*, acceptance, *Eph 1:6NKJ*, inheritance, *Eph 1:11*, sanctification, *Heb 13:12*, justification, *Rom 8:30*, and so on. Please refer to No 225, "Pastors' Notes".

When the Word of God talks about "**CHRIST IN US**" it is talking about **His life in us** and the **results of that**. Christ lives in us **by the indwelling Holy Spirit**. He, Himself is seated with the Father in the throne of heaven, *Rev 3:21*, *Heb 1:3*, but the Holy Spirit brings the life of Christ in to us, *Jn 16:14,15*. In this way, **CHRIST IN US**, brings into our lives:

1. **His love**, joy, peace, and all the fruit of the Spirit, *Gal 5:22,23*. This includes His mercy, humility, servanthood, **faith**, and faithfulness.
2. **His righteousness**, justice, honesty, integrity, reliability, in all our relationships with God and other people, and the fear of the Lord.
3. **His authority**, **boldness**, confidence, and rulership, *Ac 4:13,20*.
4. **His power**, ability, strength and enabling to work miracles, heal the sick, and preach the gospel. *Lk 7:22*, *Ac 1:8*, *1Thes 1:5*, *1Cor 2:4,5*, *Mat 10:1,8*.

5. **His truth**, wisdom, knowledge, revelation, understanding, counsel, word of knowledge, word of wisdom, discernment of spirits, prophecy, tongues, and interpretation of tongues. *Jn 16:13, 1Jn 2:27, Is 11:1,2, 1Cor 12:7-11.*

Please refer to No 223, “Pastors’ Notes”

The **Communion Service**, *1Cor 11:23-26*, reminds us of these two truths:
IN CHRIST and **CHRIST IN US**.

The Cup, *1Cor 10:16, 1Cor 11:25*, represents what Christ has done for us, that is, our position and inheritance **IN CHRIST**. God said, “When I see the blood I will pass over you,” *Ex 12:13*. That night, in Egypt, the people of God were **IN CHRIST**, under His Blood of redemption, safe and secure from God’s judgment.

The Bread, *1Cor 10:16, 1Cor 11:24*, represents the life of **CHRIST IN US**, bringing to us strength, healing, health and life, or as we mentioned above:

His love and all the gifts of the Spirit,
His righteousness in all our behaviour,
His authority and power,
His truth, wisdom and knowledge.

With regard to *1Cor 11:27-30*, please note that if “eating and drinking unworthily,” v27,29, produces “weakness, sickness and death”, then eating and drinking **worthily** must produce in us, **strength, healing, health and life**. Amen!

When we come to the communion table, let us make sure that we come with right attitudes in our hearts towards other believers. Right attitudes include mercy, forgiveness, release of others from all judgment, and prayer for God’s blessing to be upon all with whom we have had differences. *Jam 2:13, Jam 4:11,12, Mat 6:14,15, Mat 7:1-5, Mk 11:25,26, Lk 6:27-38, Rom 14:4.*