

**Be Filled With the (Holy) Spirit;**  
**Speaking to Yourselves in Psalms and Hymns and Spiritual Songs;**  
**Singing and Making Melody in Your Heart to the Lord.** Ephesians 5:18, 19

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When we are born again as a believer in Jesus Christ, the Holy Spirit comes to dwell **with us** and live **in us**. John 14:17.

The Fullness of the Holy Spirit, or the baptism with the Holy Spirit, is **the clothing with power from on High**, and it is available for all believers in Jesus Christ. Acts 1:5, Acts 1:8, Acts 2:1-4, Luke 24:49. This is the Holy Spirit **coming upon** us. Acts 1:8. This clothing with power from on High, is necessary for every believer, so that **we may be effective witnesses** unto the Lord Jesus Christ, wherever we are in the world. Acts 1:8.

It is the promise of the Father. Luke 24:49, Joel 2:28.

Jesus commanded His disciples, "They should not depart from Jerusalem, but wait for the promise of the Father, which, said He, you have heard from Me." Acts 1:4, 5, John 4:10, 14, John 7:37-39, John 14:26, John 16:7-15.

Just before Jesus ascended to Heaven, He said, "John truly baptised with water; but you will be baptized with the Holy Spirit not many days from now." Acts 1:5, Acts 1:9-11.

This was fulfilled in Acts 2:1-4, on the Day of Pentecost ten days later.

The results of the Baptism of the Holy Spirit falling on the 120 disciples of Jesus, **was the rapid spread of the Word of God**.

Many of the people from sixteen nations gathered in Jerusalem for the Feast were saved. Acts 2:5-11, Acts 2:41.

These people took the Gospel back to their countries. It is thought that the Church of Rome was founded by this means. Acts 2:10.

**The fullness of the Holy Spirit** in the lives of believers in the Lord Jesus Christ, is expressed in **two primary** ways:

1. **Speaking into our own lives** with Holy Spirit inspired songs, psalms and hymns, and
2. **Singing to the Lord** with joyful songs of thanksgiving and praise.

**The fullness of the Holy Spirit is firstly directed towards our own hearts.**

Each day we are in need of "**building up ourselves in our most holy faith, praying in the Holy Spirit, (so that we) keep ourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.**" Jude 20, 21

The **condition of our heart determines** what we say and do in this life, and so the Word of God says, "**Keep your heart with all diligence for out of it comes all the issues of life.**" Proverbs 4:23.

The three preceding verses of the God's Word teach us how to "**keep our heart**".

Proverbs 4:20 -22, say, "My son/daughter **attend** to My words; **incline** your ear to My sayings. **Let them not depart** from your eyes; **keep them** in the midst of your heart. For God's Words are life to those that find them, and health to all their flesh."

Likewise Psalm 1 says, "Blessed is the man/woman..... that **meditates in God's law/Word day and night**, for he shall be as a tree planted by the rivers of water, he shall bring forth his fruit in his season, his leaf shall not wither, and whatever he does shall prosper." ("God's law" also means "God's Word" in general. See John 10:34, 35, where Jesus is quoting Psalm 82:6.)

To **meditate in God's Word** means to speak out aloud the Word of God from the heart. Deuteronomy 30:11-14, Romans 10:6-10, 2Corinthians 4:13, Psalm 116:10, Hebrews 10:23, Hebrews 3:1. **This is one of the most powerful things we can do.**

**The fullness of the Holy Spirit is secondly directed towards the Lord.**

As our hearts are built up in our most holy faith, there is an overflow **of thanksgiving, praise and worship to the Lord** for all His goodness, mercy, grace and truth which he has poured out upon us.

God's divine power has given to us **all things for life and godliness**, through the knowledge of Him who has called us to glory and virtue. 2Peter 1:3.

Our God **supplies all our need** according to His riches in glory by Christ Jesus. Philippians 4:19.

The Lord has given to us exceedingly great and precious promises: that through these we may be partakers of the divine nature, having escaped the corruption of the world through lust. 2Peter 1:4.

**Rejoice evermore, pray without ceasing, in everything give thanks:** for this is the will of God in Christ Jesus concerning you. 1Thessalonians 5:16-18.

How thankful we are for the **water** from the tap, the **oxygen** in the air we breathe, the **power** in the wires to heat the stove, the **rising of the sun** each morning, **the rain falling** that makes the grass grow, **the bees** that pollenate the fruit flowers and provide us with honey, **the Lord Jesus** who sustains all things so that the earth keeps spinning and moving around the sun, and who gives us the ability to think clearly and sensibly. **Everything life giving thing we have comes from the Lord and His grace.** Just let one of these things be removed and we are in desperation as to what to do. **Thank Him. Praise Him. Always.**