

## HOW TO ACHIEVE THE GOAL OF GOD FOR YOUR LIFE

(The Discipline of a Godly Life)

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1. **What is the goal for my life?**
  - a. **Rom 8:29** tells us that it is God's purpose for us to be conformed to the image of His Son, Jesus Christ, that He may be the firstborn among many brethren. (To be like Christ in our character and full of the fruit of the Spirit, *Gal 5:22,23*).
  - b. God's goal for our life is that each one of us may walk in, and fulfil, the work of service and ministry He has planned for us. (To obey His call of serving others. *Eph 2:10, 2Tim 4:5, 1Pet 4:10, Jer 29:11, Rom 12:6*)
2. To have a beautiful garden of flowers beside your house requires decision, planning, and effort. The site has to be marked out, the ground dug over, weeds and stones removed, seeds planted, watered, and as the plants grow the area needs protection from animals and the children's play area.
3. To achieve the goal and purpose of God for our life requires the same kind of application of personal effort and discipline.  
In *1Cor 9:24-27* the Word of God exhorts us to run the race of life aiming to win the goal and to exercise self control and personal discipline to that end.
4. **Hos 10:12** As we sow into our lives those godly disciplines that focus on righteousness, God's mercy and grace will be given to assist us. As we break up the weedy, hardened fallow ground in our souls where God is not being glorified, and seek the Lord in these areas, God will come and rain righteousness upon us.
5. Each of us need godly order and daily discipline, which involves denying self and taking up the cross, *Lk 9:23*.
6. Disciplines which enable God's purposes in us to be fulfilled.
  - a. **Regular fasting.** *Ezra 8:21, Ps 35:13, 2Chr 7:14, Mat 6:16, 1Pet 5:6, Lev 23:27,29,32, Lev 16:29,31, Ac 13:2.* As we humble ourselves before our God He will do the lifting up.
  - b. **Daily prayer** in praise, thanks, confession, prayer for self and others. *Lk 18:1, Lk 11:1-8, Lk 5:16, Eph 6:18-20.*
  - c. **Reading God's Word.** *Pro 4:20-22, 1Tim 2:15, 2Tim 3:15, Jn 5:39, Ps 119:11.*
  - d. **Meditating and memorising the Word** - getting the Word into our heart, *Ps 1:1-3. Josh 1:8, Ps 119:148.*
  - e. **Keep the Lord's Day for the Lord.** *Rev 1:10, Ac 20:7, Is 58:13.*
  - f. **Meet regularly with the Church** for worship, teaching, communion, fellowship, *Heb 10:25, Ac 2:42.*
  - g. **Witness and seek to witness** to the unsaved with boldness and love for their souls. *Mat 9:13, Ac 1:8, Pro 11:30, Is 44:8.*
  - h. **Rise early to seek God,** *Ps 119:147, Ps 63:1*
  - i. **Take regular physical exercise,** *1Tim 4:8,* and times of rest, *Mk 6:31.*

- j. **Find your place of ministry** and serving, to give out to others what God gives to you, *1Pet 4:10, Rom 12:4-8, Gal 6:10*.  
Also seek to help the poor, lonely, needy people around you. *Pro 21:13, Pro 19:17, Jam 1:27, Is 58:7*.
- k. **Minister to your family.** *Eph 6:4, Gen 18:19, Col 3:19*. Provide security, love, time, interest, protection and support. Keep them from evils of TV (violence, immorality, the occult).
- l. **Tithe your income to the church family** you are supporting. *Mal 3:10, 1Cor 16:1-2, 2Cor 9:6-8, Mat 23:23*.